



# Three tips for hygienists to consider when choosing hygiene products

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Nearly 3 million people in the United States have celiac disease, also known as a gluten allergy.<sup>1</sup> Symptoms of celiac disease can range from diarrhea, fatigue, and depression.<sup>1</sup> As a dental clinician, it is imperative that we understand the ingredients that are in the products we routinely use on our patients. The [Kolorz](#) preventive line is gluten-free, aspartame and saccharin free and offers the reliable protection of xylitol and fluoride.

## 1) All Prophy Paste is Not Created Equal

Prophy pastes that splatter is not only irritating for the patient and clinician but can increase the contamination of saliva from patient to provider. Plus, some packaging options are not so easy-to-open, especially when wearing gloves. This slows things down for both the patient and hygienist/clinician. Kolorz prophy paste is splatter-free to allow for improved patient comfort without compromising stain and plaque removal. It is conveniently offered in easily tear able unit dose-cups with a quickly peelable foil seal.

## 2) Grit Options for Patient Needs

Keeping a variety of grits in stock will allow the clinician to choose what is best for the patient's specific needs in an instant. In order to preserve the enamel, the lowest degree of abrasion should be chosen. For instance, a patient that is 4 years old will typically obtain stain and plaque removal lower levels therefore should receive a fine paste. Alternatively, patients that are heavy smokers with excessive stain and minimal recession are more likely to have through stain removal with the extra course paste. With four different grit options, Kolorz prophy paste was designed with the help of a food industry expert and guaranteed to be great-tasting. The extra course paste comes in mint flavor only, whereas the other grits are offered in triple mint, cherry burst, bubble gum, cinnamon and mint assorted packs and the carnival pack which include cotton candy and blue raspberry.



### 3) Natural Active Ingredients Are Key

Patients today want to know what's in the products that are going in their mouth (rightfully so) and feel better about the procedure knowing they contain natural ingredients. For example, Xylitol is a sugar alcohol that has a crystalline, granular structure with a sweetness comparable to sugar. It naturally occurs in many fruits and vegetables and is produced by the human body. Xylitol is typically sourced from corn and is a sugar alternative with a 1:1 sweetness ratio and virtually has no effect on blood sugar and insulin levels. Xylitol has been shown to prevent bacteria from adhering to the tooth. Present in Kolorz prophylactic paste, the line also includes 1.23% APF Fluoride.

Selecting products that work to preserve the patients enamel with scientifically proven ingredients should be a standard protocol for each dental team. Understanding why we choose the products we implement in daily practice will change the way we educate and treat our patients. Try the Kolorz product line today for your patients who need allergy-friendly patient preventive solutions.

1. The University of Chicago Medicine. Celiac Disease Facts and Figures. Available at: [https://www.cureceliacdisease.org/wp-content/uploads/341\\_CDCFactSheets8\\_FactsFigures.pdf](https://www.cureceliacdisease.org/wp-content/uploads/341_CDCFactSheets8_FactsFigures.pdf). Accessed Feb 1, 2019.